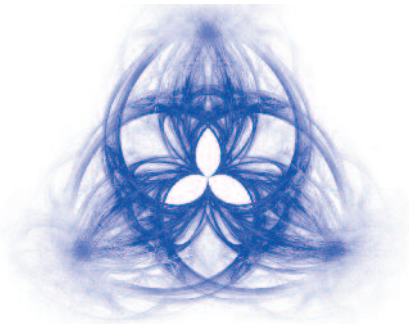


Practical Information -

Just a little bit of information about our Retreats:

- ❖ Time of Retreat: 10am – 3pm.
- ❖ Bring packed lunch – tea and coffee available
- ❖ One teacher to accompany group - teacher's room available.
- ❖ Pupils are asked to wear comfortable clothing.

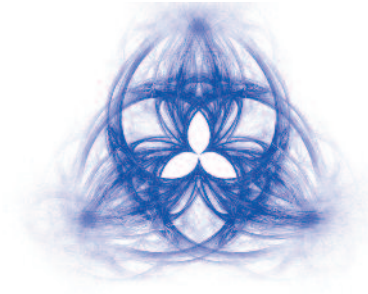
Retreats take place in The Edmund Rice International Heritage Centre or, if required, on location in the school.



Team Profile:

The Anawin Team are trained in
Retreat Facilitation from

All Hallows College, Drumcondra, Dublin 9.



Facilitators:

NUALA COLFER, M.A.
CHRISTIAN SPIRITUALITY,
H.DIP. ADULT CHRISTIAN ED.

SHEILA RYAN, B.A.
PASTORAL THEOLOGY,
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ANAWIN RETREATS

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School Retreats

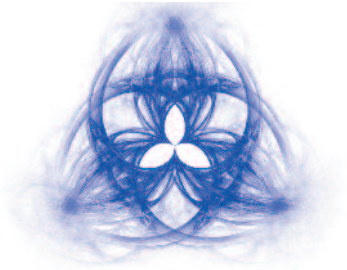
~ *Sharing the Good News* ~



*Meeting the needs of
young people today*

ANAWIM

An awareness
of our dependence
on God



Our Vision:

Comes from an understanding of the presence of God in all things; bringing students to an awareness of their giftedness, uniqueness and enormous capacity for good. The programmes give young people an opportunity to gain a better sense of self, to build relationships with others, to grow closer to God and appreciate the wonder and beauty of creation.

Aims of Programme:

In a creative and relaxing way, we aim to:

1. Enhance the self-esteem of the participant.
2. Enable the young person to gain a deeper appreciation of his/her abilities and potential.
3. Enable her/him to respond to the values of truth, honesty, and tolerance, using contemporary images to promote gospel values.
4. Programmes are designed to respond to the needs of young people in an age appropriate manner, with activities and discussions being tailored for specific groups of young people, from Confirmation through to Leaving Certificate.



Our Approach:

- A. Experiential workshops which promote creativity and expression, including art, scriptural drama, role plays, music and ritual.
- B. Working in large and small groups reflecting and exploring the theme of the day in age appropriate ways.
- C. Group discussions which promote listening, empathy and respectful expression of thoughts and views.
- D. Meditation, a central aspect of the day, allows students to experience God's Word in the quiet of their own hearts.

